

## Prof. Dr. phil. Christian Sell

### Curriculum Vitae

Prof. Dr. phil. Christian Sell

### Academic Positions

IPU Berlin  
Stromstr. 3b  
10555 Berlin

- 10/2022 - present      International Psychoanalytic University Berlin  
Assistant Professor of Theoretical Psychoanalysis (Tenure Track)  
Tel.: +49 30 300 117-500  
Fax: +49 30 300 117-509
- 10/2016 – 09/2022      University of Kassel, Department of Psychology  
Clinical Psychology and Psychotherapy (Prof. Dr. Cord Benecke) Post-doctoral research fellow  
christian.sell@ipu-berlin.de
- 01/2016 – 09/2016      University of Kassel, Department of Social Work  
Social Therapy, Philosophical Anthropology, and Psychoanalytic Theory (Prof. Dr. Dr. Rolf-Peter Warsitz)  
Research fellow
- 01/2012 – 08/2017      University of Kassel, Department of Psychology  
Theory & Methodology of Counselling (Prof. Dr. Heidi Möller)  
Doctoral researcher

### Academic Education

- 12/2017                      University of Kassel  
Completion of PhD (“summa cum laude”)  
Effectiveness of Guided Imagery Psychotherapy and Hypnotherapy: Integrative Imagery- and Trance-Based Psychodynamic Therapies
- 10/2010 – 09/2011      University of Essex, UK  
MA Philosophy and Psychoanalysis (“with distinction”)  
„...and Nonetheless!": Lear, Winnicott and Nietzsche on the Psychological Relation of Creativity and Hope
- 10/2007 – 09/2010      University of Bremen, Germany  
Diplom Program in Psychology (GPA: 1.0 = “very good”)  
Psychotherapien im Widerstreit: Psychotherapeutische Richtungen und ihre Integration aus der Perspektive der philosophischen Postmoderne:
- 09/2006 – 06/2007      University of California, Santa Cruz, USA  
Education Abroad Scholarship
- 10/2004 – 08/2006      University of Göttingen, Germany  
Diplom Program in Psychology (intermediate exam)

### Clinical Work & Training

- 11/2022                      Deutsche Psychoanalytische Vereinigung (DPV) Certification as psychoanalyst (DPV/IPA)
- 09/2022                      State certification as psychological psychotherapist  
(analytic psychotherapy and psychodynamic psychotherapy)
- 2021                              Deliberate Practice Institute  
Deliberate Practice for Psychotherapists – Therapist Certification

- 2018 – present Dachverband Deutschsprachiger Psychosen Psychotherapie (DDPP)  
Curricular Training in Psychodynamic Psychosis Therapy
- 2018 – 2021 Deutsche Gesellschaft f. Katathym Imaginative Psychotherapie (DGKIP)  
Basic Curriculum Guided Imagery Psychotherapy
- 2018 Arbeitsgemeinschaft für Methodik u. Dokumentation in der Psychiatrie  
AMDP training on psychopathology
- 2017 Certified Interviewer and Rater for Operationalised Psychodynamic Diagnosis (OPD)
- 11/2016 – 10/2022 Alexander-Mitscherlich-Institut Kassel  
Outpatient treatments in psychoanalysis and psychodynamic psychotherapy
- 12/2013 – 12/2015 Clinic for Psychosomatic Medicine and Psychotherapy, Klinikum Kassel  
Clinical psychologist
- 12/2012 – 11/2013 Ludwig Noll Clinic for Psychiatry and Psychotherapy, Klinikum Kassel  
Clinical psychologist
- 10/2012 – 11/2022 Alexander-Mitscherlich-Institut Kassel  
Training in psychoanalysis (IPA) and psychodynamic psychotherapy
- 02/2008 – 09/2010 Bremer JungenBüro e.V. – Counselling for Boys  
Counsellor

## Further Training

- 2018 – 2020 University of Kassel  
Curriculum Development & Management of Research Projects (EMF)
- 2017 The PANSS Institute, New York  
Certified Rater for the Positive and Negative Syndrome Scale (PANSS)
- 2017 Center for Research Methodologies, Koblenz-Landau University  
Intensive Workshop “Multilevel Modelling for Longitudinal Data in R”
- 2014 International Psychoanalytic Association (IPA)  
Research Training Program

## 3rd Party Funding & Awards

- 03/2023 International Psychoanalytic University Berlin, Research Funding Program How Best to Measure Ruptures in the Therapeutic Alliance: A Validation Study of the Revised Rupture Resolution Rating Scale. 3RS v2022 (PIs: Sell & Huber) Research Grant EUR 19,572.-
- 06/2020 German Academic Exchange Service (DAAD)  
Travel Grant EUR 1,956.- [withdrawn due to the COVID-19 pandemic]
- 12/2019 – 11/2020 International Psychoanalytic Association (IPA)  
Countertransference Behavior in Longterm Psychotherapies (PI: Sell)  
Research Grant EUR 7,709.-
- 02/2019 – 01/2020 University of Kassel Small Research Grant Program  
Measuring Negative Therapist Behavior (PI: Sell)  
Research Grant EUR 9,035.-
- 01/2019 – 12/2021 Deutsche Gesellschaft f. Katathym Imaginative Psychotherapie (DGKIP) Differential Efficacy of Guided Imagery Psychotherapy (PIs: Sell & Benecke)  
Research Grant EUR 110,000.-

- 08/2017 – 12/2021 Köhler-Foundation  
Therapy and Psychodynamics of Patients with Psychosis (PI: Sell)  
Research Grant EUR 40,000.-
- 10/2012 German Academic Exchange Service (DAAD)  
Travel Grant EUR 500.-
- 12/2011 Essex School of Philosophy and Art History  
Mark Sacks Memorial Prize for the best MA thesis in 2011
- 2011 Routledge: Psychodynamic Practice  
1st Prize in the Student Section of the Essay Competition
- 2009 University of Bremen, Department of Clinical Psychology  
Student Poster Award & Student Publication Award
- 2008 – 2011 Student Scholarship by the Heinrich Böll Foundation
- 2006 – 2007 Study abroad scholarship by the Education Abroad Program (University of Göttingen, Germany) for one academic year at the University of California (USA)

## Shortlistings and Professorships

- 2022 International Psychoanalytic University Berlin  
Appointment as Tenure Track Professor of Theoretical Psychoanalysis
- 2021 Ghent University (Department of Psychoanalysis and Clinical Consulting)  
Tenure Track Professor of Psychoanalysis (2nd on shortlist)
- 2020 University of Cologne (Department of Psychology)  
Tenure Track Professor of Clinical Psychology und Empirical-Quantitative Depth Psychology  
(3rd on shortlist)

## Primary Research Interests

- Psychoanalytic theory and epistemology
- Mixed methods in psychoanalytic research
- Relationship dynamics in the treatment of severe mental disorders
- The role of imagery and intuition in psychodynamic work