

Prof. Dr. Peter Fonagy

Curriculum Vitae

Prof. Dr. Peter Fonagy

Education/Qualifications

- 1971-1974 BSc Psychology, First Class Honours, University College London
- 1980 PhD, Medical Research Council Fellowship, University College London
- 1976-1980 Diploma in Clinical Psychology, British Psychological Society
- 1980-1985 Training in Adult Psychoanalysis, British Psychoanalytic Society
- 1989-1995 Training in Child Psychoanalysis, Anna Freud Centre

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Professional History (in chronological order)

- 1977-1980 Trainee Clinical Psychologist, North East Thames Regional Health Authority
- 1977-1987 Lecturer in Psychology, University College London
- 1986-1989 Consultant to Research, Anna Freud Centre, London
- 1988-1992 Senior Lecturer in Clinical Psychology, University College London
- 1989-2003 Director of Research, Anna Freud Centre, London
- 1992-2016 Freud Memorial Professor of Psychoanalysis University of London, London
- 1995-2003 Coordinator, Child and Family Center, Menninger Clinic, Topeka, Kansas
- 1995-2008 Director, Sub-Department of Clinical Health Psychology, University College London
- 1995-present Training and Supervising Psychoanalyst, British Psychoanalytic Society
- 2003-2017 Consultant, Child and Family Program, Menninger Department of Psychiatry, Baylor College of Medicine, Houston
- 2003-present Chief Executive Officer, Anna Freud National Centre, for Children and Families, London
- 2008-2017 Head of Department, Research Department of Clinical, Educational and Health Psychology, UCL
- 2010-present Programme Director, Mental Health and Wellbeing Theme, UCLPartners
- 2011-2015 National Clinical Lead, Children and Young People's Improving Access to Psychological Therapies (CYP IAPT) Programme. Department of Health/NHS England
- 2011-2015 Senior Investigator (Term 1), National Institute for Health Research
- 2015-2019 National Clinical Advisor, CYP Mental Health NHS England
- 2015-2017 Director of Research and Development, North East London Foundation Trust
- 2015-2019 Senior Investigator (Term 2), National Institute for Health Research
- 2016-present Professor of Contemporary Psychoanalysis and Developmental Science University College London
- 2017-2018 Interim Head of Division, Psychology and Language Sciences, UCL Faculty of Brain Sciences
- 2018-2023 Head of Division, Psychology and Language Sciences, UCL Faculty of Brain Sciences
- 2019- Senior Investigator Emeritus, National Institute for Health Research

Other Appointments and Affiliations - Honorary Professorships and Clinical Posts

- 1980-1985 Honorary Senior Clinical Psychologist, Royal Free Hospital, London
- 1995-2002 Adjunct Professor of Clinical Psychology, Kansas University
- 1999-2003 Marie & Scott S. Smith Chair in Child Development, The Karl Menninger School of Psychiatry and Mental Health Sciences
- 2003-present Adjunct Professor of Psychiatry, Baylor College of Medicine
- 2005-present Clinical Professor of Psychiatry, Yale University School of Medicine
- 2011-2015 Honorary Principal Investigator, Tavistock and Portman NHS Foundation Trust
- 2011-2015 Visiting Clinical Professor, Harvard University
- 2013-2015 Adjunct Professor of Psychiatry and Behavioral Sciences, Emory University School of Medicine
- 2015-2018 Visiting Professor of Psychiatry, Department of Psychiatry, University of Cambridge

Prizes, Awards and Other Honours

Awards and Prizes

- McDougall Prize in Psychology, University College London, UK, 1972
- Annual Journal Prize for Best Paper, Journal of the American Psychoanalytic Association, December 1992
- Annual Journal Prize for Best Paper, Journal of the American Psychoanalytic Association. Dec 1996
- Fellowship of the British Academy, 1997
- Millenium Prize for Contributions to Child Psychiatry, Trondheim University, Norway, May 1998
- Professional Writing Award in the Scientific Article category of the Menninger Alumni Association, Topeka, Kansas, USA, for the article 'What do adult attachment scales measure?', October 1998
- Elected Honorary Member, Vienna Psychoanalytic Ambulatorium, Austria, June 2001
- Elected Honorary Member, International Attachment Network, September 2002
- Winner of the Gradiva Prize of the National Association for the Advancement of Psychoanalysis, for Best Clinical and Theoretical Book of 2002 (for P. Fonagy, G. Gergely, E. Jurist, & M. Target, (2002). Affect regulation, mentalization, and the development of the self. NY: Other Press), June 2003
- Sigourney Award, 2003 to the Research Committee of the International Psychoanalytic Association Committee on Scientific Research (recipient as Chair of Committee).
- Recipient of the first Otto Weininger Memorial Award for Psychoanalytic Achievement, awarded by the Canadian Psychological Association's Section on Psychoanalysis, July 2005
- Winner of the Goethe Award for Psychoanalytic Scholarship, awarded by the Canadian Psychological Association's Section on Psychoanalysis. (for P. Fonagy, G. Gergely, E. Jurist, & M. Target, (2002). Affect regulation, mentalization, and the development of the self. NY: Other Press), December 2005.
- Winner of the Lancet 2005 Paper of the Year Award for Whittington, C. J., Kendall, T., Fonagy, P., Cottrell, D., Cotgrove, A., & Boddington, E. (2004). Selective serotonin reuptake inhibitors in childhood depression: Systematic review of published versus unpublished data. Lancet, 363, 1341-1345
- Sigmund Freud Prize of the City of Vienna for outstanding contributions to psychoanalysis, November, 2007.
- The 4th Annual Award for Distinguished Achievement in the Field of Severe Personality Disorders by the BPD Resource Center, USA, April, 2009
- Winner of the Best Scientific Paper of 2008 Prize of the American Psychoanalytic Association, with Anthony Bateman, for 8-Year follow-up of patients treated for borderline personality disorder: Mentalization-based treatment versus treatment as usual. American Journal of Psychiatry, 165, 631-638
- Elected Honorary Member, Swedish Psychoanalytic Society, 24 November 2009
- Elected Fellow of the Association for Psychological Science, December 2009
- Mary S. Sigourney Award for Distinguished Contributions to Psychoanalysis, January 2011

- Elected Inaugural Fellow of the College of the International Journal of Psychoanalysis, February 2011.
- The Rene Spitz Award of the World Association for Infant Mental Health in recognition of significant lifetime contributions to clinical and/or experimental research on topics related to infant mental health, 2 March 2012
- Campaign for America's Kids Senior Researcher Award, 59th American Academy of Child and Adolescent Psychiatry, San Francisco, USA, 23–28 October 2012
- British Psychological Society (BPS) Lifetime Achievement Award, by the BPS Professional Practice Board, September 2012
- The 2013 Annual Prize for Career Contributions to Mental Health of the Fundación Castilla del Pino, Cordoba, Spain
- Order of the British Empire, The Queen's Birthday Honours, June 2013
- Winner of the IPA Psychoanalytic Research Exceptional Contribution Awards, July 2013, for co-authored paper Twemlow, S. W., Fonagy, P., Sacco, F. C., Vernberg, E., Malcom, J. M. (2011). Reducing violence and prejudice in a Jamaican all age school using attachment and mentalization theory. *Psychoanalytic Psychology*, 28, 497-511
- Psychoanalytic Research Mentor Prize, awarded by the International Psychoanalytical Association at the 48th IPA Congress, Prague, August 2013
- Elected to Honorary Fellowship, The American College of Psychiatrists, elected October 2013
- Elected to Fellowship, Academy of Medical Sciences, elected April 2014
- The Wiley Prize: The British Academy's Lifetime Achievement Award to an Outstanding International Scholar, awarded July 2015, London, UK
- Senior Researcher Award for Lifetime Contributions from the International Society for the Study of Personality Disorders (ISSPD), awarded October 2015, Montreal, Canada.
- Elected as External Member: Hungarian Academy of Sciences, elected May 2016.
- Elected to Fellowship, Academy of Social Sciences, elected November 2016
- Awarded the Haskell Norman Prize for Excellence in Psychoanalysis, San Francisco Psychoanalytic Institute, January 2017
- Senior Scientist Award, British and Irish Group for the Study of Personality Disorder, March 2017
- The Bowlby-Ainsworth Award for Lifetime Contributions, Centre for Health Promotion, April 2017
- 14th Annual Edna Reiss-Sophie Greenberg Honoree for Lifetime Contributions to Child Mental Health, The Reiss-Davis Child Study Center and Institute, January 2018
- Winner of the Richard P. Kluft Award for the Journal of Trauma & Dissociation 2017 Best Article for Ensink, K., Bégin, M., Normandin, L., Godbout, N., & Fonagy, P. (2017). Mentalization and dissociation in the context of trauma: Implications for child psychopathology. *Journal of Trauma & Dissociation*, 18, 11-30.
- Sigourney Award for Outstanding Contributions to the Field of Psychoanalysis, 2018 to Psychoanalytic Electronic Publishing (recipient as one of six Founding Directors).
- First Brazelton Award for Lifetime Achievement in Early Childhood Mental Health, Laurie Centre, May 2019.

Visiting Professorships, Distinguished Lectures and Major Keynote Addresses

- 1992 The Emanuel Miller Memorial Lecturer, Association of Child Psychology, Psychiatry and Allied Professions, London, UK
- 1993 Visiting Professor, Sigmund Freud Centre, Hebrew University, Jerusalem, Israel
Visiting Professor, Department of Psychology, University of Haifa, Israel
Lawrence K. Frank Memorial Lecturer, Society for Research in Child Development, New Orleans, USA
- 1994 Visiting Professorship in Child Psychiatry, Cornell Medical College, New York, USA
Beata Rank Lecturer, Boston Psychoanalytic Society, USA
Anna Freud Lecturer, Vienna Psychoanalytic Society, Austria
- 1995 Voorhees Distinguished Professor, The Menninger Clinic, Topeka, USA
Anna Freud Lecturer, Vienna Psychoanalytic Society, Austria
Visiting Professorship, Department of Psychology, University of Haifa, Israel
- 1996 David M. Levy & William Goldfarb Memorial Lecturer, Columbia University, New York, USA
Keynote Address to the Canadian Academy of Child and Adolescent Psychiatry, Ottawa, Canada
Keynote Address to the 6th World Congress of the World Association of Infant Mental Health, Helsinki, Finland
- 1997 Marianne Kris Memorial Lecturer, Association of Child Psychoanalysis, USA
Stanton Lecturer in Social Psychiatry, Harvard Medical School, Cambridge, MA, USA
Spitz Lecturer, Denver Institute of Psychoanalysis and the University of Colorado Health Sciences Center, USA
- 1998 Elliott Sokoloff Lecturer, McGill University, Montreal, Canada
Margaret S. Mahler Child Psychotherapy Lecturer, Philadelphia, USA

- 1999 20th Zeitlyn Memorial Lecturer, Cambridge, UK Henry Staples Memorial Lecturer, Philadelphia Psychoanalytic Association, Philadelphia, USA, Annual Economic and Social Research Council Lecturer at the British Association for the Advancement of Science "Festival of Science", Sheffield, UK, Sophia Mirviss Memorial Lecturer, San Francisco Psychoanalytic Institute, San Francisco, USA, The 6th John Bowlby Memorial Lecturer, Centre for Attachment-based Psychoanalytic Psychotherapy, London, UK, Keynote address to the Spring Meeting of Division 39 of the American Psychological Association, New York, USA
- 2000 Centenary Lecturer, University of Valencia, Spain
14th Visiting Professor of Psychoanalysis, Michigan Psychoanalytic Association, USA
S.L.M. Luxman Lecturer, Washington Psychoanalytic Foundation, Washington, DC, USA
- 2001 32nd Franz Alexander Visiting Professor, Cedars Sinai Hospital, Los Angeles, USA
Winnicott Lecturer, World Association of Infant Mental Health Conference, Perth, Australia
- 2002 Sylvia J. Schneller Lecture, New Orleans Psychoanalytic Society, New Orleans, USA
- 2004 47th Sandor Rado Lecturer, American Association for Psychoanalytic Medicine, USA
Invited Faculty, American Psychoanalytic Association, Research Training Program, hosted at the Child Study Centre, Yale University School of Medicine, USA
Inaugural Annual Muriel Gardiner Lecturer, Yale University School of Medicine, USA
17th Annual Stanton Lecturer, McLean's Hospital, Cambridge, MA, USA
- 2005 3rd Annual Kolvin Lecture, Royal College of Psychiatrists, London, UK
7th annual Sydney Pulver Lecturer, Psychoanalytic Centre of Philadelphia, USA
Keynote Lecture to the 44th Congress of the International Psychoanalytic Association, Rio de Janeiro, Brazil
- 2006 Plenary Lecturer at the Annual Midwinter Meeting of the American Psychoanalytic Association, New York, USA
3rd Annual Muriel Gardiner Lecture, Yale University School of Medicine, USA
4th Annual Collier Lecture, University of Rochester Department of Psychiatry, USA
- 2007 Invited contributor to the 2nd Annual Global Creative Leadership Summit, New York, USA
Keynote Lecture to the 13th International Congress of the European Society of Child and Adolescent Psychiatry, Florence, Italy
Annual Jelgersma Lecture, Department of Psychiatry, Leiden University, The Netherlands
- 2008 The 4th Kodera Lecture, Japanese Psychoanalytic Association, Tokyo, Japan
Keynote Lecture to the 8th Biannual World Congress of the World Association of Infant Mental Health, Yokohama, Japan, Invited contributor to the 3rd Annual Creative Global Leadership Summit, New York, USA
Keynote address to the Annual Conference of the National Society for the Prevention of Cruelty to Children, London
UK Keynote address to the 5th World Congress of Psychotherapy, Beijing, China
- 2009 The 3rd Annual Robert Wallerstein Lecture, University of California at San Francisco, USA, 11 February 2009, Keynote Address to the 2009 Annual Meeting of the German Psychosomatic Medicine and Psychotherapy Association, Mainz, Germany, 19 March 2009, Raphling Memorial Lecture, Washington Psychoanalytic Center, University of Washington, USA, 20 March 2009, Keynote Address to the International Society for Interpersonal Psychotherapy, New York, USA, 27 March 2009, Opening Keynote Lecture to the World Psychiatric Association Biannual Congress, Florence, Italy, 1 April 2009, Keynote Lecture to the Annual Meeting of the British Association for Counselling and Psychotherapy, Portsmouth, UK, 25 May 2009, Keynote Lecture to the 3rd Biannual International Conference of Video Interaction Guidance, University of Dundee, UK, 4 September 2009
- 2010 Keynote Lecture to the Annual Meeting of the British Association of Art Therapists, London, UK, 12 February 2010, The William Hasenbush Memorial Lecture, Department of Psychiatry, Harvard University, USA, 7 April 2010 Plenary Keynote Lecture to the 1st World Congress of Borderline Personality Disorder, Berlin, Germany, July 3 2010, Plenary Keynote Lecture to the United Kingdom Council for Psychotherapy Research Conference, London, UK, 10 July 2010, Plenary Address, Biennial Conference of the International Association for the Study of Attachment, Cambridge, UK, 31 August 2010, Major Lecture, 1st Asian Conference of the International Psychoanalytic Association, Beijing, China, 2 October 2010
- 2011 Keynote Lecture to the Annual Meeting of the Hungarian Psychiatric Association, 28 January 2011, Plenary Lecture to the American Academy of Psychiatry Annual Meeting, 23 February 2011, 18th Gilliland White Lecture; Baylor College of Medicine, Houston, USA, 20 April 2011, Plenary Lecture to the International Society for Adolescent Psychiatry and Psychology, 8th Biannual Congress, Berlin, Germany, 16 September 2011, Plenary Lecture to the World Congress of Psychiatry, Buenos Aires, Argentina, 19 September 2011
- 2012 Keynote Lecture to the Swedish National Congress for Child and Adolescent Psychiatry – Evidence Based Practice, Stockholm, Sweden, April 2012, Keynote Lecture to the 165th American Psychiatric Association Annual Meeting, Philadelphia, USA, 8 May 2012, Main Lecture to the International Association of Child and Adolescent Psychiatry and Psychology Biannual Conference, Paris, France, 23 July 2012

- 2013 Keynote Lecture to the Annual Meeting of the Norwegian Psychiatric Association, 12 March 2013, Keynote Lecturer to the British Psychological Society Annual Conference, Leeds, UK, 9 April 2013
- 2014 Keynote Address to the Annual Congress of the Deutsche Kollegium für Psychosomatische Medizin 2014, Berlin, Germany, 29 March 2014, Keynote Address to the International Society for the Study of Personality Disorder, 12 March 2014, Keynote Address to the European Society for the Study of Personality Disorder, 12 November 2014
- 2015 Keynote Address to the North American Society for the Study of Personality Disorders 2015, Boston, USA, 29 March 2015, Department of Psychiatry at New York-Presbyterian Hospital and Weill Cornell Medical College: Honorary Grand Rounds for Dr. Arnold Cooper; Memorial Lecture, New York, USA, 29 April 2015, Keynote Address to the European Society for Child and Adolescent Psychiatry 2015, Madrid, Spain, 20 June 2015
- 2016 Keynote Address to Beat's Eating Disorder International Conference, London, UK, 17 March 2016, Keynote Address to The Schizophrenia Days, Stavanger, Norway, 9 November 2016, Keynote Address to the Deutsche Gesellschaft für Psychiatrie und Psychotherapie, Psychosomatik und Nervenheilkunde, 24 November 2016
- 2017 Keynote Address to the 5th Chinese Psychoanalysis Conference, Wu Han, China, 21 April 2017, Keynote Address to the International Attachment Congress, London, UK, 1 July 2017
- 2018 Keynote Address to the European Psychoanalytic Federation, Warsaw, Poland, 24 March 2018, Keynote Address to the Annual Congress of The Royal Australian and New Zealand College of Psychiatrists, Auckland, New Zealand, 14 May 2018, Plenary Address to the 3rd Australian Childhood Foundation Conference, Melbourne, Australia, 31 July 2018, Keynote Address to the Regulation of Emotions and Affects Congress, Munich, Germany, 19 October 2018, Keynote Address to the N-Science Annual Conference on Insecure Attachments, London, UK, 20 October 2018
- 2019 Keynote Address to the SEED Center Conference, Academic College of Tel Aviv, Israel, 24 January 2019, Keynote Address to the IV Conference on Protection of Children and Adolescents, Pamplona, Spain, 1 March 2019, Keynote Address to the Lourie Centre Conference on Trauma and Education, Bethesda, USA. 3 May 2019

Grants

Currently Active

- £2,395,965 From the National Institute for Health Research (NIHR) Programme Grant for Applied Research (PGfAR) (reference LTC-RP-PG-0814-20001) for Personalised assessment and intervention packages for children with conduct problems in child mental health services (joint CIs: Rob Senior and Stephen Scott; 10 co-applicants) - 01/03/2016-30/11/2022
- £2,680,583 From the NIHR PGfAR (reference LTC-RP-PG-0616-20007) for Transforming the mental health treatment of young people with epilepsy (CI: Roz Shafran; 11 co-applicants) - 31/10/2017-30/10/2022
- £217,945 From the NIHR Health Technology Assessment (HTA) Programme (reference NIHR127810) for Routinely used interventions for improving attachment in infants and young children: an updated systematic review and comprehensive UK survey (CI: Barry Wright; 13 co-applicants) - 18/08/2019-30/12/2021
- £228,281 From the NIHR HTA Programme (reference HTA 17/117/11) for Reducing Self-Harm in Adolescents: Individual Patient Data meta-analysis (RISA-IPD) (CI: David Cottrell; 7 co-applicants) - 01/06/2019-30/12/2021
- £1,912,080 From the NIHR PGfAR (reference RP-PG-1212-20011) for EMPOWER: Enabling and Motivating People (with a Personality Disorder) in Occupation, Wellbeing, Education and Responsibility (PI: Janet Feigenbaum; 11 co-applicants) - 04/03/2015-31/01/2021
- £112,086 from the NIHR for the NIHR Collaborations for Leadership in Applied Health Research and Care (CLAHRC) initiative, for implementing the Serenity Integrated Mentoring. (SIM) model (PI: Peter Fonagy) - 01/09/2018-31/12/2020
- £1,515,851 From the NIHR HTA Programme (reference 14/186/01) for Mentalization for Offending Adult Males (MOAM) (PI: Peter Fonagy; 12 co-applicants) - 01/01/2016-31/12/2020
- £5,400,000 from a Wellcome Trust Strategic Award (reference 095844/Z/11/Z) for Cambridge–University College London Embedding Neuroscience in Psychiatry (CUENiP): A Neuroscience in Psychiatry Network. (CI: Ed Bullmore; four PIs: Ian Goodyer, Ray Dolan, Peter Fonagy and Peter B. Jones) - 01/04/2012-31/05/2020
- £499,976 from the Medical Research Council (reference MC_PC_17216) for a UCL application for a Mental Health Data Pathfinder Award (PI: David Osborn; 13 co-applicants) - 01/03/2018-31/03/2020
- £29,987 from the Wellcome Trust Institutional Strategic Support Fund (ISSF) (reference ISSF3/H17RCO/004) for The Student Mental Health Survey: a needs assessment feasibility study (PI: Peter Fonagy, Co-Investigators: Emla Fitzsimons, Liz Allison, Laura Gibbon) - 02/01/2019-01/01/2020

- £5,513,505 from the NIHR for NIHR Collaborations for Leadership in Applied Health Research and Care (CLAHRC). (PI: Rosalind Raine; Mental Health Lead: Peter Fonagy) - 01/01/2014-31/12/2019

Expired

- £346,962 from the National Society for the Prevention of Cruelty to Children for Evaluation of the NSPCC Minding the Baby Programme. (PI: Pasco Fearon) - 01/01/2012-19/04/2019
- £360,000 from a NIHR Senior Investigator Award (reference NF-SI-0514-10157) (£15,000 per annum personal and £75,000 institutional expenses) - 01/04/2015-31/03/2019
- £1,080,728 from the NIHR HS&DR Researcher Led stream (reference 12/136/70) for The impact of different patterns of care on the long-term outcome of adolescent conduct disorder: a mixed methods study comparing multisystemic therapy (MST) and management as usual (MAU). (CI: Peter Fonagy) - 01/01/2014-30/08/2018
- £463,600 from the NIHR (reference II-LA-0814-20005) for A feasibility trial of Power Up: A smartphone and tablet app to support young people to make shared decisions in therapy (PI: Miranda Wolpert) - 01/10/2015-31/03/2018
- £511,583 from the NIHR (reference 11/111/02) for SAFFRON: developing a stepped approach to improving sexual Function after treatment for gynaecological cancer. (PI: Susan Gessler, and 11 other co-investigators) - 01/04/2014-31/06/2017
- £23,214 from the NIHR (reference RP-DG-0614-10003) for Improving the mental health treatment of young people with epilepsy: A feasibility study (PI: Roz Shafran) - 15/01/2016-14/01/2017
- £259,360 from the Department of Health/Department for Children, Schools and Families for Extension of START (Systematic Therapy for At Risk Teens): National randomized controlled trial to evaluate Multisystemic Therapy in the UK context to include the evaluation of MST-Problem Sexual Behaviours. (PI: Peter Fonagy, and two senior collaborators) - 01/10/2011-31/03/2016
- £42,300 from the Wellcome Trust ISSF (reference 097815/Z/11/A) for Bodily self – Embodied minds and mentalised bodies. (PI: Katerina Fotopoulou) - 31/01/2013-31/10/2015
- £1,500,000 from the Wellcome Trust ISSF (reference 097815/Z/11/Z) for Depression and cardiovascular risk (PI: Peter Fonagy, Co-PIs: Steve Pilling, David Osborn) - 01/10/2011-31/10/2015
- £245,959 from the NIHR Research for Patient Benefit Programme (reference PB-PG-0610-22287) for Improving psychodynamic psychotherapy in primary care: an evaluation and feasibility study of Dynamic Interpersonal Therapy. (PI: Peter Fonagy, and two senior collaborators) - 01/01/2012-30/06/2015
- £5,450,000 from the NHS HTA Programme (reference HTA 06/05/01) for A pragmatic superiority relapse prevention randomised controlled trial of short-term psychodynamic psychotherapy (STPP), cognitive behaviour therapy (CBT) and active clinical care (ACC) in adolescents with moderate to severe depression attending routine child and adolescent mental health clinics: IMPACT. (PI: Ian Goodyer; lead Co-Investigator: Peter Fonagy): £2,490,000 from the HTA plus £2,960,000 NHS support costs. 01/10/2009-31/03/2015
- £360,000 from a NIHR Senior Investigator Award (NF-SI-0510-10228) (£15,000 per annum personal and £75,000 institutional expenses) 01/04/2011-31/03/2015
- £1,298,148 from the Department for Children, Schools and Families in conjunction with the Department of Health and the Youth Justice Board for START (Systematic Therapy for At Risk Teens): A national randomized controlled trial to evaluate Multisystemic Therapy in the UK context (PI: Peter Fonagy, and nine other senior collaborators): £998,741 from the DCSF plus £31,500 NHS support costs and approximately £10,000,000 clinical support costs. 01/01/2009-31/12/2014
- £1,537,746 from the National Institute for Health and Clinical Excellence to the British Psychological Society for Extension of CORE Clinical Effectiveness and Guidance Programme. (PI: Steve Pilling; Co-PIs: Peter Fonagy, Anthony Roth and Susan Michie) 09/2011-08/2014
- £530,723 from the Pulitzer Foundation, NY, for Emotional stimulation in the context of emergency food intervention in the treatment of malnourished children: a randomised controlled trial. (PI: Peter Fonagy; Co-PIs: Richard Beard and Alessandro Conticini) 09/2011-08/2014
- £802,267 from the National Institute for Health and Clinical Excellence to the British Psychological Society for Extension of CORE Clinical Effectiveness and Guidance Programme. (PI: Steve Pilling and Susan Michie) 2009-2013
- £249,669 from the NIHR Research for Patient Benefit Programme for A randomized controlled trial of Mentalization Based Therapy against Specialist Supportive Clinical Management in patients with both eating disorders and symptoms of borderline personality disorder (NOURISHED). (PI: Paul Robinson, and seven other collaborators) 01/07/2010-30/06/2013

- £7,383 from the British Academy Small Research Grant Scheme for An EEG study on oxytocin and adult attachment relationships: an experimental approach. (PI: Peter Fonagy) 01/09/2011-31/08/2012
- £3,000 from the Mental Health Research Network Fund to develop a large-scale research project about mental health: Developing an outcomes-focused set of quality indicators paired to cost of provision to bring a value focus to NHS mental health service. (PI: Peter Fonagy) 2011-2012
- £5,792 from the British Academy for implications of research on the neuroscience of affect, attachment and social cognition. 2011
- £67,570 from the Central and East London CLRN Programme support for START (Systemic Therapy for At Risk Teens): A national randomized controlled trial to evaluate Multisystemic Therapy in the UK Context through Camden & Islington NHS Foundation Trust (PI: Peter Fonagy, with Steve Pilling, Stephen Butler and Peter Fuggle) 2010-2012
- £22,000 from the Department of Health, Improving Access to Psychological Therapies Programme for Tender for defining competencies for brief dynamic therapy – Dynamic Interpersonal Therapy (DIT). (PI: Alessandra Lemma; Co-PIs: Mary Target, Malcolm Allen, Jeremy Clark and Peter Fonagy) 2010-2011
- \$110,000 from the Hope for Depression Foundation for Understanding Abnormal cortical activation in infants of depressed mothers – a randomized controlled study. (PI: Pasco Fearon; Co-PIs: Peter Fonagy, Michelle Slead and Tessa Baradon) 2009-2011
- £1,495,493 from the Department for Children, Schools and Families for An evaluation of the Targeted Mental Health in Schools (TMHS) programme. (PI: Miranda Wolpert, and nine other senior collaborators) 2008-2011
- £5,434,000 from the National Institute for Health and Clinical Excellence to the British Psychological Society for Extension of CORE Clinical Effectiveness and Guidance Programme. (PI: Steve Pilling and Susan Michie) 2001-2011
- £330,721 from the Economic and Social Research Council (ESRC) for Domain specific systems in infant processing of emotion expressions: Testing novel predictions from pedagogy theory. (PI: Pasco Fearon and George Gergely) 2007-2009
- £325,000 from the Department of Education and Skills for Implementing a coherent Framework for Recognition, Assessment and Management of Emotional Abuse (FRAMEA). (PI: Danya Glaser and Robert Senior) 2006-2009
- €3,100,000 from an EU Marie Curie Research Training Award for European-wide interdisciplinary project on Disorders and Coherence of the Embodied Self (DISCOS) involving nine sites across Europe (distributed across nine sites, €344,000 London site total). (PI: Thomas Fuchs, and seven other senior collaborators). 2006-2009
- £206,000 from a Big Lottery Fund Award for Randomised controlled trial of Parent-Infant Psychotherapy (PIP). (PI) (extended 1 year) 2005-2008
- £344,000 from the Department for Education and Skills for Mellow parenting programme to support the parenting of mothers with personality disorder. (PI: Janet Feigenbaum) (extended 1 year) 2006-2008
- £344,000 from the Service Delivery and Organisation Network for Learning the lessons: An evaluation of pilot community services for adults with personality disorder. (PI: Mike Crawford, and four other senior collaborators). 2005-2008
- \$366,340 from the Borderline Personality Disorder Research Foundation for Randomised controlled trial of manualised out-patient individual and group therapy for BPD. (PI: Anthony Bateman) 2003-2005
- €4,000 from the Heigl Foundation for Randomised controlled trial of manualised out-patient individual and group therapy for BPD. (PI: Anthony Bateman) 2004
- £300,000 from the National Institute for Clinical Excellence: British Psychological Society: Extension of CORE Unit Grant for Clinical Guidelines Development. (PI: Steve Pilling). 2001-2004
- £215,000 from the National Institute for Clinical Excellence: British Psychological Society CORE Unit funding to run Collaborating Centre with remit to develop three national mental health guidelines. (PI: Steve Pilling and John Cape) 2001-2003
- £70,000 from the Lord Ashdown Trust for Evaluation of three family interventions in cases of sexual and physical abuse. (PI: Marco Chiesa) 2001-2002
- \$225,000 from the International Psychoanalytic Association for Funding for visiting research professorships in psychoanalysis (RTP). (PI) 1994-2002
- \$100,000 from Hill's Pet Nutrition for the Peaceful Schools Project: An RCT of school-based violence prevention. (PI) 1999-2001
- £30,000 from the British Psychoanalytic Society for Improving psychoanalytic communication. (PI) 1999-2001

- \$25,000 from the Kansas Health Foundation for the Peaceful Schools Project: An RCT of school-based violence prevention. (PI) 1998-2001
- \$50,000 from Western Resources for the Peaceful Schools Project: An RCT of school-based violence prevention. (PI) 1998-2001
- \$200,000 from the Latimer Foundation for the Peaceful Schools Project: An RCT of school-based violence prevention. (PI) 1997-2001
- £53,374 from the Wellcome Trust for Social sensitization to interoceptive stimulus cues in infant learning. (PI: George Gergely) 1999-2000
- \$292,000 from the Jessie Ball duPont Fund for the Early Childhood Intervention Project. (PI: Martin Maldonado) 1997-1999
- \$35,000 award from the Mary S. Sigourney Foundation to the International Psychoanalytical Association Research Committee. 1998
- \$10,000 from the Conboy-Duke Foundation for Research in Child Psychiatry. (PI) 1998
- \$50,000 from Hallmark Cards, Inc. for Research in Child Psychiatry. (PI) 1998
- £68,440 from the Leverhulme Trust for Investigation of causal versus teleological interpretations of behaviour in infancy. (PI: George Gergely) 1997
- £118,000 from the British Psychological Society for Outcomes evaluation of the care programme. (PI: Paul Clifford and John Cape) 1997-1999
- £53,000 from the British Psychological Society for The development of a clinical guideline for psychotherapy. (PI: Paul Clifford and John Cape) 1997-1998
- £10,000 from the Erich Simenauer Foundation for research into the Long term outcome of child analysis. (PI) 1996
- £24,497 from the Edith Ludowyk-Gyomroi Charitable Trust for Dyadic interaction. (PI with Mary Target) 1996-1997
- £40,000 from the Economic and Social Research Council for Development and understanding in infancy. (PI: George Gergely) 1997-1999
- \$60,000 from the Five-O Foundation Long term outcome of early childhood trauma: Genetic and psychosocial factors in depression. (PI) 1996-1998
- \$715,836 from the Margaret T. de Neufville Fund for the Research in Child Psychiatry. (PI) 1996-1999
- £68,750 from the Leverhulme Foundation for The development of the teleological stance in infancy. (PI: George Gergely) 1996-1998
- \$152,000 from the Jessie Ball duPont Fund for Behavioral and emotional symptoms in infants and preschool children. (PI: Martin Maldonado) 1996-1998
- \$370,000 from the Jack Taylor Family Foundation for Research in Child Psychiatry. (PI) 1996-1997
- \$60,000 from the Kenworthy-Swift Foundation for Attachment characteristics and their internal representation in behavior disordered preschoolers. (PI: Dan Hoover) 1996-1998
- \$10,000 from the Danziger Trust for Transgenerational transmission of trauma in Holocaust survivors. (PI: Avi Sagi) 1996
- \$175,000 from the Good Samaritan, Inc. for Youth Homes evaluation. (PI: Carrie Barber) 1996-1998
- \$30,000 from the Peacock Foundation for Research in Child Psychiatry. (PI) 1996
- £105,000 from the Ludowyk Trust for Investigations of the use of psychoanalytical concepts. (PI) 1993-1996
- £109,000 from the Gatsby Foundation for The follow-up of child psychotherapy into adulthood. (PI) 1995-1997
- £275,000 from the National Health Service Executive, Department of Health Psychology, for Audit Development Research Unit. (PI: John Cape) 1995-1998
- \$50,000 from The New-Land Foundation for Preparatory work necessary for major prospective study at Anna Freud Centre. (PI) 1994-1995
- £7,000 from the Van Leer Foundation to Develop a package of measures to evaluate child therapy. (PI) 1994
- £25,000 from the North West Thames Regional Authority for Developing a system for auditing departments of psychology. (PI) 1993-1994
- DM 100,000 from the Kohler Stiftung for Five-year follow-up of Anna Freud Centre/UCL parent-child project. (PI: Miriam Steele and Howard Steele) 1993-1994
- £60,000 from the Economic and Social Research Council for Predicting the quality of parent-child relationships: Links across generations. (PI: Miriam Steele and Howard Steele) 1992-1994

Academic Supervision

MSc and DClinPsych Research Supervision

- Supervision of 2–3 MSc and 3-4 professional doctorate students graduating per year.

Completed PhD Student Supervision (Principal supervision only)

- 1987 Moran+, George Strich. Empirical investigations and psychoanalytic approaches to the management of psychological aspects of juvenile onset diabetes mellitus.
Shamsavari, Farzad Amai. Social cognition, self-esteem and popularity in preadolescent children.
- 1988 Richardson*, Philip Hughes. The placebo effect: an empirical examination of affective and cognitive factors in psychological responses to medical treatments.
Vincent*, Charles Anthony. The treatment of headache by acupuncture.
- 1990 Amirzadeh-Shams+, Abdul-Majid. Psychophysiological aspects of anxiety and depression.
Ivanochko+, Elizabeth Anne. The development of a self-report measure of Minuchin's concepts of enmeshment and disengagement.
- 1991 Hamilton, Victoria Edith. Patterns of transference: an empirical study.
Steele*, Howard. Adult personality characteristics and family relationships: the development and validation of an interview-based assessment technique.
Steele*, Miriam Nurit. Intergenerational patterns of attachment.
- 1993 Arundale+, Carol Jean. Psychotherapy supervision: impacts, practices and expectations.
Miller+, Jill Marie. The development and validation of a manual of child psychoanalysis.
Sobreira Lopes*, Rita De Cassia. The relationship of moral development to parent-child conflict in adolescence.
- 1994 Parr, Maureen Avis. A retrospective study of the outcome of psychotherapy and psychoanalysis for children with and without chronic medical conditions.
Target*, Helen Mary Anne. The outcome of child psychoanalysis: a retrospective investigation.
- 1996 China, Jacques Lefebvre. Attachment and object-relations theory.
Fletcher, Amira. A psychodynamic investigation of a premature babies unit (the implementation of an action research strategy).
Holder+, Juliet Elizabeth. The influence of parent and parent-child patterns of attachment on the development of children's understanding of minds.
- 1997 Woolgar+, Matthew Jonathan. Parental, infant and early childhood attachment classification and its relationship to sociomoral development.
- 1998 Diamant+, Ilan. The theory of mind in borderline personality disorder: evidence from the representation of deception.
Orbach*, Susie. The construction and expression of a gendered mind and body: contributions of a psychoanalytic approach.
- 1999 Fearon*, Richard Michael Pasco. Shared and non-shared influences on the development and attachment in twins.
Rathbone, June Alice. Anatomy of Masochism.
- 2000 Schneider, Tiffany. Measuring adaptation in middle childhood: the development of the Hampstead Child Adaptation Measure (HCAM).
Yabsley, Susan Anne. The reflection of patterns of attachment in infancy in the narratives of pre-school children.
- 2001 Knox+, Jean Margaret. The effect of emotion on memory and perception: an information-processing investigation of certain psychodynamic concepts using the Headed Records Model.
Spensley+, Sheila Ross. A comparative study of maternal attachment in three groups of mothers having a child with learning impairment.
- 2002 Shmueli+, Aviya. The role of personality factors and attachment status in the selection and training of psychological therapists: A psychoanalytic approach.
- 2003 Clifford+, Paul. An infometric approach to mental health outcome measurement.
- 2004 Sochos*, Antigonos. The assessment of representational change in individuals undergoing cognitive analytic therapy: Developing an attachment theory based methodology.
Gerber*, Andrew. Psychodynamic psychotherapy for severe personality disorders: A quantitative study of treatment process and outcome.

- 2005 Schachter, Abby. Long-term follow-up of children treated in psychoanalysis at the Anna Freud Centre.
- 2006 Younger, David Batkin. The development of a dyadic reflective functioning questionnaire (DRFQ).
- 2007 Glowacki Colton, Antonia. The Anna Freud Centre Narrative Coding System: A study of the reliability and validity of a new coding system for the MacArthur Narrative Story Stem Battery.
- 2008 Pilling*, Steven. Challenges for evidence based medicine in the evaluation of complex health care interventions.
- 2009 Vrouva, Ioanna. Self-harming and borderline personality disorder traits in adolescence: The role of attachment relationships and mentalising.
Kumar*, Manasi. Impact of disasters on children in adversities: Attachment interviews with child survivors of Gujarat earthquake-and-riots.
- 2010 Marin-Avellan, Luisa. Systematising clinician judgement of personality and risk: validation of the SWAP-200 with forensic patients: Does structuring clinical judgements of PD aid violence risk assessments? Combining HCR-20 and SWAP-200.
- 2011 McGauley*, Gill. Adult attachment status and psychological disorder: The predictive validity of the Adult Attachment Interview in violent, personality-disordered patients.
McCutcheon, Moira. The development of brief relational child psychotherapy.
- 2012 Platten-Brown, Lara. Early social reasoning: Infants' use of emotional expressions as a source of knowledge.
Rossouw+, Trudie. Clinical profile and psychological treatment of self-harm in adolescence: An RCT of mentalization based treatment compared against treatment as usual.
- 2013 Altmann*, Marina. Underlying relational structures in the process of brief mother–infant psychotherapy.
Sleed, Michelle. The assessment of relational risk in early parent–infant relationships.
- 2014 Berry, Michael. Towards a psychodynamically informed model for the integrative psychotherapeutic treatment of male sexual dysfunction.
Zhou, You. Adolescent twins' mental representations of self and other in relation with zygosity, attachment patterns and psychological disturbance.
Patalay, Praveetha. Developmental complexity, structural simplicity: A longitudinal, multi-method investigation of internalising and externalising symptoms in young people.
- 2015 Adkins, Tina. The development and implementation of a mentalizing intervention for foster parents.
Lorenzini, Nicolas. The relevance and usefulness of the Implicit Associations Test (IAT) in adolescent development, attachment and depression.
- 2016 Iyengar, Udit. Understanding risk, resilience and the neural correlates of unresolved trauma in mothers.
Rost, Felicitas. The Anaclitic Introjective Depression Assessment (AIDA) – Chronic Depression at Different Development Levels.
Palmer, Rose. Emotional stimulation as an addition to therapeutic food intervention for treatment of young children with severe acute malnutrition in Ethiopia.
- 2017 Taylor-Colls, Samantha. The effects of early parent–infant relationships on infants' neural processing of emotion.
Lee, Ya-Wen. Assessment of mentalizing: The Reflective Functioning Questionnaire (RFQ).
- 2018 Sato, Momoko. Interpersonal hypersensitivity and social cognition in borderline personality disorder.
Garrett, Christopher. Psychopathology of recurrent diabetic ketoacidosis.
- 2019 Moore-Winter, Anna. Determinants of good emergency care for mental health patients.
Ventura Wurman, Tamara. Therapist competence in dynamic interpersonal therapy and its association with treatment outcomes.

Research

Overview

- An attachment-based social cognitive therapeutic approach
A major focus of my research has been an innovative research-based dynamic therapeutic approach developed in collaboration with a number of clinical sites both in the UK (the Anna Freud National Centre for Children and Families, the Halliwick Psychotherapy Service, the Marlborough Family Service, the Brandon Centre, Islington CAMHS) and in the USA (the Menninger Clinic, McLean Hospital and the Yale Child Study Center). This has come to be known as “mentalization-based treatment” or MBT, and has been the subject of a number of recent books by our team (Adaptive Mentalization Based Integrative Treatment, OUP; Mentalization-Based Treatment for Personality Disorders: A Practical Guide – OUP 2nd ed.; Mentalizing in Clinical Practice – American Psychiatric Press) and collections of papers (Handbook of Mentalization-Based Treatment – Wiley; Handbook of Mentalization in Mental Health Practice – American Psychiatric Press), as well as increasingly by others who have adopted our approach (Hagelquist: Mentalization Guidebook; Midgley & Malberg:

- Mentalization-based treatment for children; Karterud: Mentalization-Based Group Therapy (MBT-G); Precin: Relationship between Mentalization and Psychosomatic Illness; Midgley & Vrouva: Minding the Child: Mentalization-Based Interventions with Children, Young People and their Families; Busch (ed) Mentalization: Theoretical considerations, research findings, and clinical implications; Slade & Jurist, (eds), Mind to Mind: Infant Research, Neuroscience and Psychoanalysis). MBT is based on developmental research relevant to a theory of personality disorder reported in a frequently cited 1991 paper (Maternal representations of attachment during pregnancy predict the organization of infant-mother attachment at one year of age) and a number of books from our group (particularly Affect Regulation, Mentalization, and the Development of the Self – Other Press). The books have been translated into most major languages and some not-so-major ones (Korean, Danish, Norwegian, Czech, Japanese, Turkish, Hungarian) and have high citation rates: Affect Regulation, Mentalization, and the Development of the Self has been cited over 5,300 times and Attachment Theory and Psychoanalysis over 1,600 times (Google Scholar). There have been highly cited demonstrations of the effectiveness of our therapeutic approach (Effectiveness of partial hospitalization in the treatment of borderline personality disorder: a randomized controlled trial. cited 1,500; The relation of attachment status, psychiatric classification, and response to psychotherapy. cited 1,500) and complimentary theoretical papers (Attachment and reflective function: Their role in self-organization cited 2,000; The capacity for understanding mental states: The reflective self in parent and child and its significance for security of attachment cited 1,600).

I am engaged in major collaborative programmes exploring developmental psychopathology from an attachment–mentalization perspective. A long-standing collaboration with the Child and Family Program of the Menninger Clinic (consistently rated in the top five of US psychiatric hospitals) has been successfully extended to include McLean Hospital (the top rated psychiatric hospital in the US) in Harvard Medical School and the Yale Child Study Center (top-rated department of child psychiatry in the US, based in one of the highest ranked university).

- Paediatric attachment and trauma research
This international collaboration has yielded a number of cutting-edge research programmes funded from the Menninger Child and Family Center Endowment from which I have benefitted as a consultant since 1995 and other extramural sources. These include a study of infant–mother attachment classification and brain imaging (Strathearn), the hyper-scanning (fMRI) of an economic exchange (trust) task with individuals with borderline personality disorder (BPD) (King-Casas, Montague), the neural and psychometric correlates of attachment and mentalizing in BPD (Sharp) and the impact of childhood sexual trauma on mentalizing (Ensink, Normandin). The first of these collaborative programmes has succeeded in identifying differences in brain responses to infant affect expressions in normal mothers (published in Pediatrics) and a moderation of this neural response by mother’s attachment classification. The hyper-scanning study of BPD is the biggest imaging study of the disorder to date (we have imaged 55 BPD patients) and a report was published in Science. The collaboration with Sharp (University of Houston) and Ensink (Université Laval) has established the trauma related disruption of attachment and mentalization in emotionally dysregulated borderline children and adolescents. The Yale connection has led to an exciting new development at the Anna Freud National Centre for Children and Families, where we have received funds to build a £250,000 dense array EEG laboratory (EGI), collaborating with Dr Mayes’ infant laboratory at Yale. With UK collaborators (Fearon and McCrory – UCL), we are investigating the neural correlates of emotional development and maltreatment-associated attachment disorganization in very young children. Advancing this work, the Strategic Award from the Wellcome Trust for a collaborative programme of work between Cambridge University Department of Psychiatry (Goodyer [CI], Bullmore, Jones) and UCL (Dolan and Fonagy) has focused on the emergence of mental disorder in adolescence examined simultaneously from a psychometric, computational and neurodevelopmental perspective. The broader aim of the work is to contribute to the embedding of neuroscience in psychiatry, bringing a neuroscience perspective to the emergence of psychiatric disorder in adolescence. Collaboration with Read Montague’s Wellcome Trust Professorship research programme linking Virginia Tech and Wellcome Trust Neuroimaging Centre (Nolte, Moutoussis) is also beginning to yield important psychometric and functional neuroimaging findings in relation to the nature of personality
- Research on evidence-based psychological therapies
A further thread of my research involves UK research collaborations concerned with the effectiveness of psychosocial treatments. With Anthony Roth, in 1996 we published What Works for Whom? A Critical Review of Psychotherapy Research (Guilford Press), which represented the first systematic and comprehensive review of quantitative studies of the efficacy of psychological therapy in relation to the major diagnostic categories of mental health disorder (1,500 studies in the first edition, and 2,500 in the second [published in 2005]), accompanied by explication of the clinical implications of this literature (over 3,000 citations for the first edition and over 2,000 citations for the second), as was the companion volume concerning treatments for children (Guilford Press, 2002; 2nd ed., 2015). Beyond reviewing the studies of others, I am involved in several multisite psychosocial treatment trials. The treatment phase of a randomized controlled trial of manualized outpatient therapy for BPD, in collaboration with Anthony Bateman, which was funded by the Borderline Personality Disorder Research Foundation, was in American Journal of Psychiatry and an RCT of MBT in the treatment of self-harm in adolescents published in the Journal of the American Academy of Child Psychiatry. This was at the core of our contribution to the Europe-wide interdisciplinary Marie Curie Programme on Disorders & Coherence of the Embodied Self (DISCOS) involving nine sites across Europe, where I was the Project Leader for the UK site (€3,100,000 total, distributed across 9 sites). Other completed trials include a cluster randomized study of a highly economical mentalization-based violence prevention programme for schools - Journal of Child Psychology and Psychiatry; an SDO-funded evaluation of pilot community services for adults with personality disorder – British Journal of Psychiatry; an RCT of parent–infant psychotherapy – Infant Mental Health Journal; a unique prison-based cluster-randomized trial working with mothers incarcerated with infants in mother and baby units – Attachment and Human Development; an RCT of adolescent depression contrasting CBT, psychodynamic therapy and brief psychoeducational intervention – Lancet

- Psychiatry; a trial of psychoanalytic therapy for treatment resistant depression – World Psychiatry; a largescale multisite RCT of young people with antisocial behaviour treated with Multisystemic Therapy – Lancet Psychiatry (2018), with an additional HS&DR award that has enabled a 5-year follow-up of this sample of nearly 700 young people, with a supplementary trial of MST in treating problem sexual behaviour in adolescents; and a recently finished RCT of Dynamic Interpersonal Therapy for depression – under editorial review.
- Advancing the research-based approach to clinical interventions
Over the past decade I have also attempted to offer support and help to others to establish realistic evaluation programmes in psychological interventions. I have assisted Miranda Wolpert in setting up the CAMHS Evidence Based Practice Unit based at the Anna Freud National Centre for Children and Families and was co-PI (with Norah Frederickson) on Wolpert's grant from the Department of Children, Schools and Families, An Evaluation of the Targeted Mental Health in Schools (TaMHS) Programme. I am also one of five theme leaders (representing mental health) on an NIHR grant for Collaborations for Leadership in Applied Health Research and Care (CLAHRC) (PI: Rosalind Raine). As one arm of this initiative we are evaluating an alternative model for offering mental health service to children (Implementing Thrive or I-THRIVE). As part of ongoing work, our MBT model has been extended in pilot studies of antisocial personality disorder (ASPD) and a probation-based treatment study has been funded by HTA with clinical services provided by the National Offender Management Service(MOAM).

Knowledge Transfer: Details of significant appointments

- 1993-1996 Member, Chief Medical Officer's Working Group on Variations in Health, Department of Health
- 1993 Department of Health Working Party on the audit of psychotherapy in the NHS, Department of Health
- 1994 Commissioned scientific review on effectiveness of psychotherapy, Department of Health (with A. Roth)
- 1994 Member of scientific programme committee on 'Parental vulnerability and infant psychopathology (epidemiological approach, prediction and prevention)', INSERM, France
- 1996- present Founding member and currently Honorary Director of Finance, Psychoanalytic Electronic Publishing
- 1998 Consultant to Chief Medical Officer's (Sir Donald Acheson) Inquiry into Social Inequalities in Health (Early Developmental Influences), Department of Health
- 1998 NHS Review of Psychotherapies, North Thames Regional Office Implementation Group
- 1998-present Expert Panel, National Health Service Executive, R & D
- 1999 Consultant, National action plan to prevent children's exposure to violence. US Department of Justice
- 2000-2001 Academic Advisory Board, Presidential Commission on Violence Prevention, Washington, DC
- 2001-2002 Member of the Expert Group on Outcomes Measurement, Department of Health (Mental Health branch)
- 2002-2003 Member of the CORE group overseeing Phase 1 of the rollout of the routine outcome measures in NHS secondary and tertiary adult mental health services, Adult Mental Health Branch, Department of Health
- 2002-2004 Child and Adolescent Mental Health Service-National Service Framework External Work Group Outcomes Subgroup, Department of Health
- 2002-2005 Senior Advisor on Outcomes, Adult Mental Health Branch, Department of Health
- 2002-2005 Chair, National Guideline Development Group for the Treatment and Management of Childhood Depression in England and Wales, Commissioned by the National Institute of Clinical Excellence
- 2003 Advisor on evaluation of prevention and early intervention initiative, French Ministry of Health
- 2003-2004 Chair, Reference Group on Routine Measurement of Mental Health Service Outcomes advising the National Institute of Mental Health for England (NIMHE), Department of Health, UK
- 2004 Chair, Ad hoc panel review board, National Institute of Mental Health, USA
- 2004-present Member, Mental Health Research Network in Child Psychiatry, National Institute of Mental Health for England
- 2007-2009 Member, Expert Psychology Panel, UK representative on Journal Impact Rating, European Science Foundation on ERIH Programme
- 2007-2009 Chair, Strategy Group, Development of National Occupational Standards for Psychological Therapies
- 2007-2009 Member, National Guideline Development Group for the Treatment and Management of Antisocial Personality Disorder in England and Wales, Commissioned by the National Institute of Clinical Excellence
- 2008-2009 Co-Chair, New Ways of Working for Psychological Therapists, Work Stream I, Evidence Based Therapies, Department of Health, England and Wales

- 2008-2011 Member, Psychotherapists and Counsellors Professional Liaison Group, Health Professions Council for England
- 2009-2010 Chair, Working Group on Mental Health Themes for the UCLPartners Academic Health Sciences Centre
- 2009-2011 Member, Working Group on Mental Health, Centre for Social Justice
- 2009-2015 Member, UCL Neuroscience Domain Executive Group
- 2010-present Program Director, Mental Health and Wellbeing Theme, UCLPartners Academic Health Science Partnership
- 2010-2013 National Clinical Lead, Improved Access to Psychological Therapies for Children and Young People, Department of Health
- 2011-2013 Member, National Guideline Development Group for the Treatment and Management of Conduct Disorder in England and Wales, Commissioned by the National Institute of Clinical Excellence
- 2013-present National Clinical Advisor, Improved Access to Psychological Therapies for Children and Young People, NHS England
- 2015-2016 Member, Children and Young People's Mental Health Commission, The Education Policy Institute (aka Centre Forum)
- 2016-2018 Co-Chair, Expert Reference Group, Care Pathway for Vulnerable Children, Department of Health and Department for Education
- 2018-2019 Member, Expert Group on Early Intervention to Guide the Charitable Activities of HRH the Duchess of Cambridge, The Royal Foundation
- 2018-2019 Chair, Curriculum Development Group for Mental Health Support Workers to work as part of Mental Health Support Services in Schools, Health Education England, Department for Education and Department of Health and Social Care

Teaching

- A. Overview

I have a leadership role in the development and ongoing growth of psychological therapies including clinical psychology within UCL and the teaching of psychoanalysis. There was no clinical psychology at UCL when I joined the staff in 1977. In 2012 we celebrated the 25th anniversary of the Clinical Psychology professional training programme, which I established at UCL and which I was proud to co-direct until September 2012. It took 10 years (1977 to 1986) for us to be able to establish a programme by developing first undergraduate clinical courses, then a diploma course, and finally a Masters programme accredited by the professional body (the BPS). The course has ultimately become the most popular and respected doctoral programme in the UK. When cuts were imposed on almost all other UK-based courses in 2007, UCL retained all its 42 new commissions (126 in total), an indication of the esteem in which this course was held by the then funder, the Strategic Health Authority. In 2010, with many courses experiencing substantial cuts, UCL had only a 5% cut in its contracted 2011 intake, which it made up from training psychologists intending to practise overseas. Indicated 'quality-adjusted' training numbers currently are 50, and international applications from fully foreign state-funded applicants exceed the places we can offer. It remains the most popular programme in the country in terms of number of applications (around 1,300 each year). I have overseen a successful major expansion of the programme (across 3 years from 15 to 150) associated with staff expansion (from 4 to 24), change of degree status (MSc to Research Doctoral degree), pay scale and workload reallocation negotiations, introduction of new examination procedures and new team-based internal administrative structure. We have successfully negotiated several major QAA reviews, two HPC reviews and 6 BPS quinquennial reviews, the last of which identified UCL as housing a 'beacon programme'. While these developments represent an extraordinary team effort, I feel proud of the robust health of the clinical programme and its capacity to retain its leadership position through massive changes in the NHS, the profession and the university.

I have worked to maintain UCL at the forefront of psychological therapy training, which has been one of the highest mental health priorities of successive UK governments. The collaborative venture with Educational Psychology colleagues, to establish a certificate, diploma or MSc course in Cognitive Behaviour Therapy and Other Evidence Based Interventions for Children and Working Age Adults, was a further creative development in professional training of psychologists at UCL. We have successfully bid, in collaboration with the Institute of Psychiatry, to be providers of training for around 120 'Wellbeing Practitioners' (or 'Low-Intensity CBT therapists') per year (The Institute of Psychiatry trains the 'High Intensity' workers) and in 2008-2009 established the Increasing Access to Psychological Therapies (IAPT) Postgraduate Diploma, which is continuing full strength with an annual intake of 250 despite cuts in 2010-2011. A further fully funded Postgraduate Diploma programme involving the training of child and adolescent mental health professionals, supervisors and managers has been established in 2012 following a tendering process.

- In 2011, in collaboration with King's College and IOPPN, we have successfully tendered to be providers of the Improved Access of Psychological Therapies Training for Children and Young People and have provided professional training in CBT, Parenting training, Intrapersonal Psychotherapy and Systemic Family Psychotherapy as well as management and supervision training to 100s of CAMHS professionals in London and the south-east. Of 6 IAPT collaboratives, ours is by far the most successful and has been spearheading the establishment of Child Wellbeing Practitioner and Psychological Therapies for Psychosis certificate courses, which this year will have an intake of 60 with further opportunities for expansion. We were able to establish these practical clinical programmes because of the strong links forged with the Anna Freud National Centre for Children and Families which provide the physical resources for delivering the training. UCL is currently generally regarded as the national leader in the delivery of evidence based therapies for children and young people and consequently has a leading role in setting NHS policy in this domain.

Starting in 2008 I had the privilege of being Head of the Research Department of Clinical, Educational and Health Psychology (CEHP) in the Division of Psychology and Language Sciences. The Department has 68 academics (19 professors, 14 readers/senior lecturers, 19 lecturers and fellows, 14 academic and clinical tutors), 89 researchers, 23 support staff, 140 honorary staff and 81 PhD students. Including professional doctorates the Research Department houses 311 FTE doctoral research students and 325 FTE Masters or PGDip students. Its major research programmes include the Behaviour Change Unit (Michie), the Centre of Outcomes Research and Effectiveness (Pilling), the Psychopharmacology Unit (Curran/Kamboj), the Developmental Risk and Resilience Unit (Viding/McCrory), the Developmental Psychopathology Unit (Fearon), the Katlab Research Unit (Fotopoulou) and the Psychoanalysis Unit (Fonagy). The Research Department currently holds over £40m in grants and its PIs hold research funds in excess of £100m. Its 17 senior staff (Professors and Readers) have an average h index of 49.7 and since 2013 (last REF) a mean number of publications of 55 per staff member (of which 5.4 could be judged as 4* on the basis of impact factors). The senior staff include three Fellows of the Academy of Social Sciences, two Fellows of the British Academy and two Fellows of the Academy of Medical Sciences, as well as two current NIHR Senior Investigators. Staff have been awarded myriad professional and academic distinctions, including one of the Top 200 Psychologists of All Time and the Distinguished Young Scientist Award of the World Economic Forum. The CEHP makes substantial policy input, including being responsible for almost all the NICE guidance on mental health, two National Advisors to NHSE's child mental health policy, chairing the Child Mental Health Future Research Policy, membership of the Government's emergency COBRA Committee, and APA's DSM-5 and WHO's ICD-11 subcommittees on the diagnosis of trauma and dissociation.

In 2017 I was appointed Interim Director of the Division of Psychology and Language Sciences and, following an international competition in 2018, I was appointed Director until August 2023. This thriving academic group incorporates six large Research Departments (Experimental Psychology, Institute of Cognitive Neuroscience, Language and Cognition, Clinical, Educational and Health Psychology, Speech and Language and Linguistics) and holds second position in the THE World Ranking of Psychology Departments. It is responsible for teaching over 600 UG and 1,000 PG students with over 350 teaching and research staff. My vision in leading the Division is increase integration and collaboration across disciplinary boundaries, to improve student experience across all programmes, to stamp out bullying and harassment at all levels, focus on enhancing the wellbeing of staff and students and improve the gender balance at all levels of the organisation. A further ambition is to bring about an improvement of the provision for students with mental health problems by applying expertise and therapeutic resources in the Division to help address the increasing pressure on all academics rooted in mental ill health of students.

In addition to developing clinical psychology teaching and heading up CEHP, I have worked hard to fulfil the mission of my endowed Chair and since 2017 my new position as Professor of Contemporary Psychoanalysis and Developmental Science: the promotion of the teaching of psychoanalysis at a world-class university. The cumulative achievements over 25 years provide evidence for the continued success of these efforts. In 1993 I established the MSc in Psychoanalytic Developmental Psychology in collaboration with the Anna Freud Centre and in 1996 the MSc in Theoretical Psychoanalytic Studies with major contributions from the Institute of Psychoanalysis, which I now co-direct. In 2000 we set up a Doctorate in Child Psychotherapy. In 2006, I initiated and contributed to the successful establishment of a joint Masters programme with Yale University covering a psychodynamic approach to developmental psychopathology from a neuroscience perspective (MSc in Psychodynamic Developmental Neuroscience). This is an exciting collaboration, which has strong support from the Yale Medical School and may well lead to a degree awarded jointly by the two universities. A further initiative in 2009-2010 was the establishment of a psychoanalytic research school to provide doctoral-level research supervision for those interested in pursuing a PhD in psychoanalysis, with 35 PhD students now in the school. UCL, with the most respected psychoanalytic scholars on its faculty (Mitchell, Target, Luyten, Fotopoulou, Debbané, Allison and Tuckett), is internationally acknowledged as the foremost psychoanalytic academic centre and has the strongest body of psychoanalytic teaching anywhere in the world. The 2015 Rand Survey of highly cited papers in medical journals found that 30% of all highly cited papers in this domain were from the UCL Psychoanalysis Unit. The Unit's international standing is reflected in the large number of international applicants who have completed its highly successful programmes.

Details of current responsibilities

Courses taught at UCL

- MSc in Theoretical Psychoanalytic Studies: Course Co-Director; Lectures on: American theories, Personality Disorder, Overview of schools of analysis (12 hours per year).
- Doctorate in Clinical Psychology: Lectures on: Developmental Psychopathology and Attachment, Borderline Personality Disorder (12-15 hours per year). Some public case supervision (9 hours per year).
- Undergraduate teaching: Final year psychopathology, (Borderline personality disorder).
- MRes in Neuroscience: Lecture on Borderline personality disorder (3 hours per year).
- MSc in Developmental Neuroscience and Psychopathology: Lectures on development and psychoanalysis (3 hours per year).
- MSc in Psychoanalytic Developmental Psychology: Lectures on the work of Joseph Sandler, mentalization based treatments (3 hours per year).

MSc and D.Clin.Psych. Research Supervision

- Supervision of 2–3 MSc and 6 professional doctorate students per year.

Examining Responsibilities

- Chair, Exam Board MSc in Psychoanalytic Developmental Psychology (total FTE=42) Duties include marking and examining 8 students.
- Chair, Exam Board MSc in Developmental Neuroscience and Psychopathology (total FTE=8) Duties include those routinely associated with Chair of Exam Board, including liaison with Yale University where students spend their second year.
- Chair, Exam Board MSc in Developmental Psychology and Clinical Practice (total FTE=8) Duties include only those routinely associated with Chair of Exam Board.
- Chair, Exam Board Increasing Access to Psychological Therapies Postgraduate Diploma (total FTE=58) Duties include only those routinely associated with Chair of Exam Board.
- Chair, Exam Board MSc in Cognitive Behaviour Therapy and Outcome Based Interventions (total FTE=18) Duties include only those routinely associated with Chair of Exam Board.
- Chair, Exam Board Doctorate in Child Psychotherapy (total FTE=12). Duties include only those routinely associated with Chair of Exam Board.
- PhD Examinations: Viva voce examinations for various UK and overseas universities – approximately 2–5 per year.

Past and current major professional and scholarly responsibilities

Past and Current Offices in Professional Organisations and Learned Societies

- 1989-1991 Associate Secretary and Member, Executive Council, International Psychoanalytic Association
- 1989-1995 Chairman, Finance Committee, International Psychoanalytic Association
- 1989-1997 Co-chairman, Publications Committee, International Psychoanalytic Association
- 1991-1995 Treasurer and Member, Executive Council, International Psychoanalytic Association
- 1991-1997 Chairman, Publications Committee, British Psychoanalytical Society
- 1992-1996 Member, Executive Council, World Association of Infant Mental Health
- 1992-1997 Member, Board and Council, British Psychoanalytical Society
- 1993-2001 Chairman, Standing Committee for Research, International Psychoanalytic Association
- 1995-present Member of the Governing Board and Joint Grant Holder, The British Psychological Society's Centre for Outcomes Research and Effectiveness
- 1996-present Director of Finance, Board of Directors, Psychoanalytic Electronic Publishing
- 1997 Advisory Board, New England Personality Disorder Association
- 1997-2001 Elected Vice-President and Member of Executive Council, International Psychoanalytic Association (elected for two consecutive terms)
- 1999-2001 Honorary Treasurer, British Psychoanalytical Society

- 1999-2001 Member, Board and Council, British Psychoanalytical Society
- 1999-2001 Member, Standing Committee of the Psychology Section of the British Academy
- 2000-2010 Member of the Professional Advisory Board of the Center for Social and Emotional Education, Columbia University
- 2001-2005 Co-Chair (Empirical), Standing Committee for Research, International Psychoanalytic Association
- 2001-2012 Joint co-ordinator (with Drs Canestri, Denis and Bohleber) of the European Psychoanalytic Association's Working Party on 'The Practice of Psychoanalytic Theory'
- 2003-2007 Chair, Student Progress Committee, British Psychoanalytical Society
- 2005-2009 Chair, Postgraduate Centre, International Psychoanalytic Association
- 2009-2013 Chair, International Research Board, International Psychoanalytic Association

Past and Current Editorial Duties

- Series Editor: Psychoanalysis Unit & Anna Freud Centre Joint Monograph series, Karnac Books (with A. M. Sandler, 1994-2000).
- Series Editor: Whurr Publications Psychoanalytic Psychotherapy series (with Mary Target, 1997-2005).
- Series Editor: Karnac Developments in Psychoanalysis Series (with Mary Target and Liz Allison, 2006-present).
- Series Editor: Yale Series on Developmental Science and Psychoanalysis (Mayes, Fonagy and Target, 2006-2009).
- Internet Editor: International Journal of Psychoanalysis (1999-2011).
- Associate Editor: Attachment and Human Development (1999-present).
- Editorial Advisory Board: Contemporary Psychoanalytic Studies Book Series (2003 – 2007).

Journal editorial boards (English Language)

- British Journal of Medical Psychology, 1991-2001
- British Journal of Psychotherapy, 1994-present
- Bulletin of the Menninger Clinic, 1995-present
- Changes, 1996-2000
- Clinical Psychology and Psychotherapy, 1994-present
- Development and Psychopathology, 1999-present
- International Journal of Psychoanalysis, 1993-1998
- Journal of Applied Psychoanalytic Studies, 1999-present
- Journal of Child Psychotherapy, 1994-present
- Journal of Infant, Child and Adolescent Psychotherapy, 2000-present
- Psychoanalytic Books, 1992-1996
- Psychoanalytic Psychotherapy, 1999-present
- Psychological Issues, 1998-present
- Psychoanalytic Studies, 1999-present
- Journal of Critical Psychology, Counselling and Psychotherapy, 2001-present
- Child and Adolescent Mental Health, 2001-present
- Neuropsychoanalysis, 2001-present
- Psychology and Psychotherapy: Theory, Research and Practice, 2001-present
- Israel Psychoanalytic Journal, 2003-present
- Psychoanalytic Psychology, 2007-present
- Personality Disorders: Theory, Research, and Treatment, 2008-present
- Journal of European Psychology, 2009-present

Journal editorial boards (non-English)

- Brazilian Journal of Psychotherapy, 1999-present
- Devenir, 1994-present
- Kinderanalyse, 1993-present
- Psichiatria dell'Infanzia e dell'Adolescenza, 1999-present
- Revue Internationale de Psychopathologie, 1999-present
- Psicoterapia e Istituzioni (Psychotherapy & Institutions), 1999-present
- Portuguese Journal of Psychoanalysis, 2003-present
- Revue Française de Psychanalyse, 2004-present
- Rivista di Psichiatria, 2008-present
- Janelas Abertas (Open Windows), 2009-present

Government Committees and Research Councils

- 1988 Member of the Committee for the Study of Research on Child and Adolescent Mental Disorders, Institute of Medicine, Washington DC
- 1988-1990 Convenor of Interdisciplinary Research Centre Proposal to ESRC on Health and Behaviour
- 1990-1991 Representing the discipline of psychology in the ESRC Working Group into Health Research
- 1993 Consultant to Economic Social Research Council program proposal on variations in health
- 1993-2012 Founder and Co-Chair, International Psychoanalytic Association Annual Summer Research Methods Training Program
- 1995-2005 Trustee and Member of the Board of Directors, PIPPIN, London, UK
- 1996-2005 Consultant to AHMOS European multi-site study of the process and outcome of psychoanalysis
- 1998 Consultant to the Neurodevelopmental Program, Children's Mental Health Alliance Foundation (a Soros Foundation), USA
- 1998-2001 Psychology and Fellowship Sections, British Academy
- 2000-2003 Advisory Board, Parent–Infant Psychotherapy Program at Columbia Psychoanalytic Institute
- 2001-2010 International Advisory Committee for the 6th Delphi International Psychoanalytic Symposium, 2004
- 2001-2007 Member of the Professional Advisory Committee of the American Psychotherapy Seminar Center
- 2001-2006 Member of the International Advisory Board of the Master's Programme in Psychoanalytical Clinical Psychology at the New Bulgarian University in Sofia
- 2002-2011 Member of the Committee on Research Education of the American Psychoanalytic Association
- 2002-2011 Member of the Expert Advisory Group, Brandon Centre Randomised Control Trial of Multisystemic Therapy for Repeat Offenders
- 2002-2015 Member of the Expert Advisory Group, Tavistock Clinic Treatment Resistant Depression Outcome Study
- 2002-2010 Scientific Consultant for the Line 6 of Research (Psicoterapia e Riabilitazione Psichiatrica in Età Evolutiva), Fondazione Stella Maris, Calabrone, Italy
- 2003 Member of the International Scientific Committee of the Revue de l'Ecole Doctorale de Recherches en Psychanalyse de l'Université de Paris VII
- 2003 One of four international advisors to the German Ministry of Education and Technology on preparing the German Collaborative Psychotherapy Research program: Specific efficacy and process research in terms of nosological fields of indication
- 2003-2008 Member of Faculty, American Psychoanalytic Association Research Training Program at Yale University
- 2004 Member of the International Scientific Committee of the Revue Française de Psychanalyse de la Société Psychanalytique de Paris
- 2004-2008 Member, Research Trials Review Board. Deutsche Forschungsgemeinschaft (German Research Foundation)
- 2006-2008 UK Representative, Expert Psychology Panel, European Science Foundation, Scientific Communication Project (ranking psychology journals for scientific merit)
- 2009 Invited expert, Consensus Meeting: Measuring What Matters, National Personality Disorder Development Programme, Department of Health, London
- 2009 Invited Expert, Medical Research Council Review of Neurodevelopmental Disorders Workshop (July 2009), London

- 2011-2014 Member, Expert Reference Group, Improving Access to Psychological Therapies for Children and Young People, Department of Health, London
- 2011-2013 Member, National Guideline Development Group for the Treatment and Management of Conduct Disorder in England and Wales, Commissioned by NICE
- 2012-2012 Member, Service Development Task & Finish Group, Improved Access to Psychological Therapies for Severe Mental Illness, Department of Health, London
- 2012-2018 Chair, NHS England National Network of Collaboratives Commissioned for Improving Access to Psychological Therapies
- 2012-2016 Chair of Expert Curriculum Development Groups to implement training in Improving Access to Psychological Therapies for Children and Young People (Family Therapy, Counselling, Eating Disorders, Inpatient Treatment, Depression, Anxiety, Conduct Problems, Developmental Disorders, Enhanced Evidence-Based Interventions)
- 2012-2013 Chair of the Evidence Update Advisory Group, NICE Evidence Update, Depression in Children and Young People
- 2014-2016 Organization Rep of the Psychotherapy Committee, American Academy of Child and Adolescent Psychiatry
- 2013-2015 Chair of NICE Guidance Development Group, Attachment and Attachment Disorder
- 2013-2017 Co-Chair, Action for Choice in Psychotherapy, NHS England
- 2014 Expert Member, NICE Guidance Update Group, Depression in Children and Young People
- 2014 Specialist Member, NICE Quality Standards Advisory Committee for Personality Disorders
- 2014-2019 Member, National Collaborating Centre for Mental Health (Royal College of Psychiatrists and British Psychological Society) Board of Management
- 2015-2017 Co-Chair, Expert Reference Group on the Mental Health of Children in Care, Social Care Institute for Excellence, Department of Health and Social Care, and Department for Education
- 2016-2019 Expert Adviser, NICE Centre for Guidelines
- 2015-2018 Member, Royal Foundation Heads Together CEO's Advisory Group to the Royal Principals
- 2017-2020 Member, London Mental Health Transformation Board of the Healthy London Partnership
- 2017-2018 Member, Expert Panel to support the Department of Health and Social Care Global Ministerial Mental Health Summit
- 2017-2019 Member, Royal Foundation Steering Group for HRH The Duchess of Cambridge on Early Years
- 2018 Chair, Health Education England National Curriculum Development Group for Educational Mental Health Practitioners Training
- 2018-2019 Chair, NHS Parent Infant Perinatal Pathway Expert Reference Group