

**CURRICULUM VITAE of Heinz Böker, M.D., Professor of Psychiatry, Senior Lecturer
(Medical Faculty, Division of Psychiatry, Psychotherapy and Psychosomatics, University
Hospital of Psychiatry, University of Zurich)**

Business Address

University Hospital of Psychiatry
Department for Psychiatry, Psychotherapy
and Psychosomatics
Lenggstrasse 31, CH-8032 Zurich

Home Address

Freudenbergstrasse 73
CH-8044 Zurich
Phone: +41 44 262 82 00

Centre for Psychiatry, Psychotherapy,
and Psychoanalysis (CPPP)

Wädlistr. 5
CH-8032 Zurich
Switzerland

Phone: + 41 76 32 36 190

Fax : +41 44 252 38 89

E-mail: heinz.boeker@bli.uzh.ch

Academic Position

Head of the Centre for Depressions, Anxiety
Disorders and Psychotherapy
(till December 31, 2015)
and leader of the research group
„Therapy and Process Research“ (TPR)
at the Psychiatric Hospital,
University of Zurich

Personal Data

Born December 06, 1950
German and Swiss citizen
married

Education and Professional Experience

- 1971 - 1976 Medical Education at the Universities of Freiburg and Gießen (Germany)
- 1977 - 1978 Graduate Medical Education at the University of Gießen
- 1979 – 1982 Residency at the Departments of Pediatrics and Child Psychiatry, Hamburg (Germany)
- 1981 Graduation to M.D. (principal advisor: Prof. Dr. med. S. Stephanos, Department of Psychosomatic Medicine, University of Gießen)
- 1982 - 1987 Residency at the Departments of Neuropediatrics, Psychiatry and Neurology of the University of Gießen
- 1979 – 1992 Training in Psychotherapy, Psychoanalysis, and Family Therapy (Michael-Balint-Institute, Hamburg; Institute for Psychotherapy and Psychoanalysis, Gießen; German Psychoanalytical Association)
- 1989 Ethnopsychiatric Studies (Mental Hospital, Lalitpur/Nepal)
- 1987 - 1996 Senior Registrar at the Department of Psychotherapy and Psychosomatic Medicine, Psychiatric Hospital, University of Frankfurt/M. (Germany)
- Since 1996 Staff Physician at the Psychiatric Hospital, University of Zurich, Head of the Affective Disorders Unit
- 2001 Habilitation at the Medical Faculty of the University of Zurich (Switzerland)
- 2003 - 2015 Head of the Centre for Depressions, Anxiety Disorders and Psychotherapy, University Hospital of Psychiatry, Zurich

- Since 2007 Professor of Psychiatry, University of Zurich, Switzerland
- Since 2016 Affiliation to the Psychiatric University Hospital of Psychiatry, University of Zurich/Switzerland
 Supervisor at the Clinica Holistica, Zurich/Switzerland
 Private praxis for Psychiatry, Psychotherapy, and Psychoanalysis, Zurich
- Since 2018 Host Professor at the International Psychoanalytic University Berlin/Germany

Teaching activity

Lectures on Neurology, Psychiatry and Psychotherapy at the Universities of Gießen, Frankfurt/M., Zurich and Munich.
 Seminars in Child and Adolescence Psychiatry (University of Gießen).
 Seminars in Psychiatry and Psychotherapy (Universities of Gießen, Frankfurt/M., Zurich, and Munich).
 Seminars and Lectures in Mood Disorders Research (University of Zurich, Switzerland).
 Seminars on Psychodynamic Psychotherapy and Psychoanalysis (Freud-Institute, Zurich).
 MAS/DAS Postgraduate Education in Medical Psychotherapy (University of Zurich).
 Lectures on Neuropsychodynamic Psychiatry and Seminars on “Psychodynamic Concepts of Affective Disorders” at the International Psychoanalytic University, Berlin/Germany.

Research interests

Mood Disorders
 Cognition and emotion in depression
 Combined neuropsychological and imaging studies on glutamatergic modulation of retrieval of episodic memory
 Subjective experience and neuropsychology in neuropsychiatric diseases
 Therapy Evaluation

Publications

More than 300 original articles in peer reviewed journals, reviews, and other scientific articles
 More than 80 book contributions, 14 monographs, 11 editorships.

Author of the books:

Selbstbild und Objektbeziehungen bei Depressionen: Untersuchungen mit der Repertory Grid-Technik und dem Giessen-Test an 139 PatientInnen mit depressiven Erkrankungen. Monographien aus dem Gesamtgebiete der Psychiatrie. Steinkopff, Darmstadt, 1999
 Was stimmt? Angststörungen. Herder, Freiburg, Basel, Wien, 2007
 Psychotherapie der Depression. Verlag Hans Huber, Bern, 2011
 Neuropsychodynamische Psychiatrie (Böker, H., Hartwich, P., Northoff, G./Eds.). Springer, Heidelberg, 2015
 Psychodynamische Psychotherapie depressiver Störungen: Theorie und Praxis. Psychosozial-Verlag, Giessen, 2016
 Neuropsychodynamic Psychiatry (Boeker, H., Hartwich, P., Northoff, G./Eds.). Springer, New York, 2018

Memberships

International Society of Affective Disorders (ISAD)
 International Psychoanalytic Association (IPA)
 Swiss Society for Psychiatry and Psychotherapy (SGPP)
 Zurich Society for Psychiatry and Psychotherapy (ZGPP)

German Psychoanalytic Association (DPV)
Freud Institute Zurich (FIZ)

Grants (selection)

Deutsche Forschungsgemeinschaft (DFG); Sonderforschungsbereich „Neurobiologische und psychosoziale Entwicklung von Risikokindern“, University of Giessen, 1982-1986.

Stiftung für wissenschaftliche Forschung, University of Zurich: „Glutamatergic Modulation of Retrieval of Episodic Memory in Schizophrenia: A Combined Neuropsychological and fMRI-Study“, 2002

Swiss National Science Foundation (SNF): „Neural activity and GABA/glutamate in prefrontal cortex: a combined fMRI/MRS-study in depression“, 2003

Gebert Rüt Foundation: „A Molecular-Genetic Approach to Modelling the Time Course of Recovery from Depression: Psychotherapeutic and Pharmakotherapeutic Treatment of Depression - A Prospective, Multicenter Comparative Study“, 2006

Swiss National Science Foundation (SNF): “Neural activity in prefrontal cortex: a combined neuropsychological and fMRI study in depression”, 2006

Stanley Thomas Johnson Foundation: “Neural activity in prefrontal cortex: a combined neuropsychological and fMRI study in depression”, 2006

Foundation Klinik Zurichberg: “Zurich Depression Study”, 2015

Inger Salling Foundation: “Depression-Psychotherapy-Neuroimaging-Study”, 2015

Clinica Holistica Engiadina (Susch, Switzerland): “Psychobiological variables in the course of an inpatient treatment for stress-associated depression”, 2017

Scientific Awards

Inger Salling Award for Psychiatry, 2015

Board of Editors

Zeitschrift für Psychologie, Psychotherapie und Psychiatrie (ZPPP)

Boards of Reviewers

Archives of European Psychiatry

Behavioral and Brain Science

Human Psychopharmacology: Clinical and Experimental

Journal of Affective Disorders

Neuro-Psychoanalysis

Neuroscience & Biobehavioral Reviews (NEUBIOREV)

Progress in Neuropsychopharmacology & Biological Psychiatry (PNP)

Psyche – Zeitschrift für Psychoanalyse

Psychiatrische Praxis

Psychopathology

PPmP Psychotherapie Psychosomatik und medizinische Psychologie

Schizophrenia Bulletin

Schweizer Archiv für Neurologie und Psychiatrie/Swiss Archive for Neurology and Psychiatry

Trends in Cognitive Sciences

World Journal of Psychiatry