

## Erfahrungsbericht/Experience Report

### 1) Gasthochschule bzw. Praktikumsinstitution/Host university resp. internship institution

*Bitte beschreiben Sie kurz Ihre Gasthochschule/Ihre Praktikumsinstitution.*

*Please describe briefly your host university/your internship institution.*

Faculty of Psychology at Department of Philosophy is highly professional institution providing wide spectrum of studies

### 2) Studium bzw. Praktikum/Studies resp. internship

Bitte beschreiben Sie die während Ihres Studienaufenthalts besuchten Kurse/Tätigkeiten im Praktikum. Wie erfolgte die Betreuung? Wie waren die Studien-/Arbeitsbedingungen? Gab es besonders positive oder auch negative Erfahrungen?

*Please describe the courses you attended during your study abroad/activities you carried out during your internship. How did the mentoring work? How were the study conditions? Have there been especially positive and/or negative experiences?*

I got opportunity to take part in psychological researches, to attend lectures and seminars. The main focus of my internship was made on linking personal typology theories with psychoanalysis. I provided lecture for the students myself on Model A typology. I took place in the "6th Congress of psychologists of Bosnia and Herzegovina" (11.-13. April, Banja Luka) with stand-alone conference paper. I was given the clinical psychologist's consultation. She is working at the hospital with clients before and after amputation, using different kinds of interventions. With the faculty team we started working on REKA test validation on Russian population. Mentory was splendid. Study conditions overcame my expectations. It has been especially positive experience.

### 3) Erworbenes Wissen/Acquired knowledge

Welches Wissen haben Sie während des Studien-/Praktikumsaufenthalts erworben bzw. erweitert? Wie hat Ihr Aufenthalt fachlich Ihr Studium an der IPU ergänzt?

*Which knowledge did you acquire during your studies/internship? How has the study internship abroad contributed to your studies at IPU?*

I acquire knowledge of real on field psychological study from the beginning till getting results. This knowledge combined my studies of psychological diagnostic, developmental theories and research methods had been got at IPU.

#### 4) Integration

Wie haben Sie sich eingelebt? Haben Sie andere Studierende der Gasthochschule/Institution kennengelernt?

*How did you settle in? Did you get to know other students of the host university/institution?*

I got known many students of BL University while providing my lecture and taking part in the workshop on psychodrama.

#### 5) Vorbereitung/Preparation

Wie haben Sie sich auf den Auslandsaufenthalt vorbereitet (sprachlich, interkulturell, fachlich, organisatorisch etc.)?

*How did you prepare for your stay abroad (language, interculturality, study related, organizationally etc.)?*

I read much about the culture and history of Bosnia. As to study I observed related studies on the Research Gate in internet.

#### 6) Unterkunft/Accommodation

Wie haben Sie Ihre Unterkunft gefunden? Welche durchschnittlichen monatlichen Kosten hatten Sie für das Leben im Gastland?

*How did you find your accommodation? On average, how high were your living expenses per month in your host country?*

I found my accommodation by means of service airbnb. My living expences were around 700 euro per month.

#### 7) Sonstige Informationen/Further information

Gibt es noch etwas, das Sie anderen Studierenden bzgl. eines Auslandsaufenthalts allgemein und in Ihrem Gastland im Speziellen mitteilen möchten? Gibt es empfehlenswerte Links oder Tipps?

*Is there anything else you like to inform other students about regarding a stay abroad in general and regarding your host country in particular? Can you recommend any links or tips?*

I would highly recommend internships at Banja Luka university

### **8) Fazit/Conclusion**

Was hat Ihnen der Auslandsaufenthalt persönlich gebracht? Wie lautet Ihr Fazit?

*What are your personal gains from your stay abroad? What are your conclusions?*

I had unique opportunity to combine my studies with getting acquainted with unfamiliar culture and mentality of other nation. I spoke much with people about social, cultural, political and personal issues. That enriched my outlook greatly.